

GUNGAHLIN GROUP CLASSES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00am					
7:30am					
8:00am					
8:30am					
9:00am					
10:00am					
10:30am					
11:00am					
11:30am					
12:00pm				FULLY BOOKED Reformer (11:30 - 12:15)	
12:30pm			FULLY BOOKED Level 1 Mat work (12:30-1:15)	FULLY BOOKED Reformer (12:30 - 1:15)	
1:00pm					
1:30pm					
2:00pm					
2:30pm					
3:00pm					
3:30pm					
4:00pm					
4:30pm					
5:00pm			Sophie Advanced Level 1-2 (5:00-6:00)		
5:30pm				Jenna Reformer (5:30 - 6:15)	
6:00pm	Sophie Advanced Mat work (6:00 - 7:00)	Jenna Reformer (6:00 - 6:45)			
6:30pm				Olivia Level 1 Mat work (6:30 - 7:30)	
7:00pm					
7:30pm					

PLEASE CONTACT OUR FRIENDLY RECEPTION STAFF FOR MORE INFORMATION

CITY GROUP CLASSES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00am					
7:30am					
8:00am					
8:30am					
9:00am					
10:00am					
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4:30pm					
5:00pm					
5:30pm					
6:00pm	Jenna (Level 1-2) Mat work (6:00 - 7:00pm)				
6:30pm					
7:00pm					
7:30pm					

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