

GUNGAHLIN GROUP CLASSES

	MONDAY 5 Feb – 26 Mar 18	TUESDAY 6 Feb – 27 Mar 18	WEDNESDAY 7 Feb – 28 Mar 18	THURSDAY 8 Feb – 29 Mar 18	FRIDAY
7:00am					
7:30am					
8:00am					
8:30am					
9:00am					
10:00am					
10:30am					
11:00am					
11:30am				Jenna All levels Reformer (11:30 - 12:15)	
12:00pm					
12:30pm		Sophie Beg/Inter Mat work (12:30-1:15)		Jenna All levels Reformer (12:30 - 1:15)	
1:00pm					
1:30pm					
2:00pm					
2:30pm					
3:00pm					
3:30pm					
4:00pm					
4:30pm					
5:00pm					
5:30pm		Jenna All levels Reformer (5:30 - 6:15)	Sophie Beg/Inter Mat work (5:30-6:30)	Jenna All levels Reformer (5:30 - 6:15)	
6:00pm	Sophie Beg/Inter Mat work (6:00 - 7:00)				
6:30pm				Tim Beginner Mat work (6:30 - 7:30)	
7:00pm					
7:30pm					

CITY GROUP CLASSES

	MONDAY 5 Feb – 26 Mar 18	TUESDAY 6 Feb – 27 Mar 18	WEDNESDAY 7 Feb – 28 Mar 18	THURSDAY 8 Feb – 29 Mar 18	FRIDAY
7:00am					
7:30am					
8:00am					
8:30am					
9:00am					
10:00am					
10:30am					
11:00am					
11:30am					
12:00pm					
12:30pm			Jenna Beg/Inter Mat work (12:30 – 1:15pm)		
1:00pm					
1:30pm					
2:00pm					
2:30pm					
3:00pm					
3:30pm					
4:00pm					
4:30pm					
5:00pm					
5:30pm					
6:00pm	Jenna Beg/Inter Mat work (6:00 - 7:00pm)				
6:30pm					
7:00pm					
7:30pm					