

## CLASS TIMETABLE

TERM 3 2018	Monday	Tuesday	Wednesday	Thursday	Saturday
GUNGAHLIN		<b>Pilates Matwork</b> Beginners 12:30pm - 1:15pm   Jim	<b>Pilates Reformer</b> All Levels 12:30pm - 1:15pm   Leanne	<b>Pilates Reformer</b> All Levels 12:30pm - 1:15pm   Jenna	<b>Pilates Reformer</b> All Levels 8am - 8:45pm   Jim
					<b>Pilates Matwork</b> Beginners 9am - 10am   Jim
	<b>Pilates Strength Circuit</b> All Levels 5:30pm - 6:15pm   Freddy	<b>Pilates Reformer</b> All Levels 5:30pm - 6:15pm   Jenna		<b>Pilates Strength Circuit</b> All Levels 5:45pm - 6:30pm   Jim	
	<b>Pilates Matwork</b> Intermediate 6:30pm - 7:30pm   Leanne	<b>Pilates Matwork</b> Beginners 6:30pm - 7:30pm   Leanne		<b>Pilates Reformer</b> All Levels 6:45pm - 7:30pm   Jenna	
CITY			<b>Pilates Matwork</b> Level 1 & 2 12:30pm - 1:15pm   Jenna		
	<b>Pilates Matwork</b> Level 1 & 2 6pm - 7pm   Jenna		<b>Pilates Strength Circuit</b> All Levels 6pm - 7pm   Jim		